

# Northridge Middle School Menu



2019-2020 School Year

Be sure and get a good start to your day with Breakfast! Breakfast choices include the daily entrée, cinnamon bun, PBJ wafer, cereal or yogurt with toast or goldfish grahams.

## February – March – April 2019-2020

	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Blue</b>	Whole Grain Muffin Corndog or BBQ Rib Sandwich Oven Baked Fries Baked Beans Applesauce Cheddar Goldfish Crackers	Breakfast Pizza Salisbury Steak Warm Baked Roll Whipped Potatoes Gravy Seasoned Green Beans Chilled Mixed Fruit	Chicken Breakfast Sand Grilled or Brd. Chicken Patty Sandwich Seasoned Potato Wedges Steamed Broccoli Fresh Orange Wedges	Omelet & Toast Chili & Crackers Peanut Butter Cup Celery & Carrots with Dip Sliced Bread Chilled Pears Snicker Doodle Cookie	Pancake Wrap Pizza Romaine Salad Baby Carrots, Broccoli, & Red Pepper Strips Vegetable Dip Chilled Peaches	<b>Breakfast Components:</b> Entrée Choice (protein and/or grains) Fruit Milk
	<b>Breakfast Meal Prices:</b> Student \$1.25 Reduced .30 Extra Milk .50					
<b>Orange</b>	Cin Brd Stick or Br Round Hot Dog on Bun Coney Sauce Seasoned Potato Wedges Baked Beans Chilled Mixed Fruit	Breakfast Pizza Texas Straw Hat Refried Beans Shredded Lettuce Diced Tomatoes Strawberries Chocolate Chip Cookie	Sausage Biscuit Chicken Drumstick Warm Baked Roll Steamed Corn Whipped Potatoes/Gravy Fresh Apple Wedges	Donut Holes Spaghetti or Rotini with Meat Sauce Garlic Toast Romaine Salad Seasoned Green Beans Chilled Peaches	Pancake Wrap Stuffed Mozz Bread Sticks Marinara Sauce Romaine Salad Steamed Carrots Warm Apple Special Carnival Cookie	<b>Lunch Components:</b> Entrée Choice (protein) Fruit Vegetable Grain Milk
	<b>Lunch Meal Prices:</b> Student \$1.90 Reduced .40 Extra Milk .50					
<b>Green</b>	Whole Grain Muffin Crispy Chicken Tenders Macaroni & Cheese Baked Beans Steamed Broccoli Chilled Pears	Breakfast Pizza Toasted Cheese Sand. Chicken Noodle Soup Romaine Salad Fresh Carrots & Cucumbers with Dip Fresh Apple Wedges	Chicken Breakfast Sand Western BBQ Nachos (Chips, Cheese & BBQ) Seasoned Green Beans Chilled Peaches Animal Crackers	Omelet & Toast Chicken Popcorn Bowl Whipped Potatoes/Gravy Seasoned Corn Sliced Bread Fresh Orange Wedges	Pancake Wrap Cheesy Flat Bread Marinara Sauce Romaine Salad Baby Carrots, Broccoli, Red Pepper Strips w/Dip Applesauce	
	<b>What Makes A Lunch?</b> Select 3 of the 5 Components Protein Fruit Vegetable Grain Milk					
<b>Red</b>	Cin Brd Stick or Br Round Chicken Bites Au Gratin Potatoes Seasoned Broccoli Fresh Orange Wedges Sliced Bread	Breakfast Pizza Turkey & Noodles Warm Baked Roll Whipped Potatoes Gravy Steamed Carrots Chilled Peaches	Sausage Biscuit Hamburger on Bun Shredded Lettuce, Sliced Cheese, Onion & Tomato Baked Beans Seasoned Potato Wedges Mixed Fruit	Donut Holes Beef Manhattan Bowl Whipped Potatoes/Gravy Steamed Corn Sliced Bread Strawberries or Cherries Chocolate Chip Cookie	Pancake Wrap Deli Sub Sandwich Lettuce, Sliced Tomatoes, Onions, Red Peppers, & Cucumbers Baked Chips Warm Apple Special	One must include a minimum of ½ cup fruit or vegetable to count as a lunch or breakfast. Milk, Fresh Fruits, Fruit Juice and Vegetables offered daily. This institution is an equal opportunity provider.

FEBRUARY	M	T	W	T	F	MARCH	M	T	W	T	F	APRIL	M	T	W	T	F
Blue	3	4	5	6	7	Blue	2	3	4	5	6	Blue	6	7	8	9	10XS
Orange	10	11	12	13	14	Orange	9	10	11	12	13	Orange	13	14	15	16	17
Green	17XS	18	19	20	21XS	Green	16	17	18	19	20	Green	20	21	22	23	24
Red	24	25	26	27	28	Spring Break	23	24	25	26	27	Red	27	28	29	30	1
						Red	30	31	1	2	3	Blue	4	5	6	7	8

Lunch Entrée Choices include the daily entrée, deli sandwich, chef salad, or yogurt with crackers. Menu subject to change.

**Ash Wednesday (Feb 26) and every Friday during Lent, fish will be served as a choice of Entrée.**

Northridge Cougar Café Food Service Contact Information:  
Staci Heide (765) 364-1071 ext. 634